TRAINING OUTLINE

COURSE TITLE	Building Stronger Teams: The Power of Team Synergy with LEGO® Serious Play®
DURATION	1 day

Introduction

Strong team and effective work culture generate greater productivity. Cohesive team is formed through intentional group process and dynamic with openness to shared vision, expectations, commitment to conflict resolutions and supports for one another.

This engaging 1-day workshop leverages the innovative LEGO® Serious Play® methodology focuses on understanding team synergy and working with others in the way that creates a productive and low-stress environment. It will also help participants to understand their own preferred role, enabling them to play to their strengths and working effectively with other team members.

Training Objective

- Develop a deeper understanding of team synergy.
- Building a collaborative mindset for achieving shared success
- Map and leverage individual and collective strengths to optimize performance
- Foster collaboration and trust among team members
- Create a strong team dynamic and culture for a high performing team

Who Should Attend?

Managers, Team Leaders and Executives

Learning Methodologies

Interactive lecture, LEGO® Serious Play® blocks building, individual sharing, case studies discussion, and intellectual games

Course Content

The Basics of LEGO® Serious Play®

- How it works? The Power of "Hand Knowledge"
- 4-step Core Process: LSP Skills Building

From 'Me' to 'We': Building a Collaborative Mindset

- Understanding the key elements of team synergy
- Importance of shifting from individual to collective success
- LEGO activity: Teams work together to build a structure using LEGO, with each member contributing different pieces based on their competence.

Embracing Diversity of Skills & Strengths for Team Success

- The importance of individual contributions and how they align with team goals.
- "Strength mapping": Participants build Lego models showcasing how their roles interconnect.
- The power of leverage
  - Pareto Principle in teamwork: understanding that 80% of results often come from 20% of efforts
  -How to maximize team resources and skills

Trust and Mutual Respect – The Foundation of Team Synergy

- Identifying and overcoming trust barriers in real-life team situations
- Understanding the 5 levels of Team Trust
- LEGO activity: Teams construct a bridge symbolizing trust and interdependence. Following with reflection discussions.
- Building a Culture of Trust & Respect
  -Psychological safety and open communication
  -Show respect and courtesy

Debrief and Action Plans

- Key takeaways and lessons learned
- Draft a 30-day action plan in applying team synergies principles and techniques in the workplace